## NEW PROGRAM!

## ABC's Kids Circuit Training

Ages: 4-7 \$40 per child In this NEW class, your child will learn about fitness from a local Mom, Liz Wozek, who is a fitness instructor!

Kids will learn through fun physical games, obstacle courses and more!

This 45 minute class is fun, exciting and perfect for energetic youngsters!

Class is held at the Terrace Centre.

Saturdays, 11:15am-12pm May 3 - May 24

